

PERSONAL DEVELOPMENT AT EASINGTON ACADEMY THIS TERM



Term 1

December 2024

World Ready

Students take part in a weekly World Ready lesson which educates them on Personal, Social, Health and Economic Education (PSHE) as well as Relationships and Sex Education (RSE). This term during World Ready, Year 7 have focused on puberty, managing friendships and staying safe online. Year 8 students have learnt how to manage their online presence and have explored equality and diversity. Year 9 students have discussed Post-16 options, employability skills and bullying. Our Year 10 students have focused on mental health and well-being and relationships, whilst Year 11 have looked at money skills and sexual health.



Coming up in World Ready next half-term

Year 7 - Physical and mental well-being

Year 8 - Racism and discrimination

Year 9 - Mental well-being

Year 10 - Substance use and sexualisation of the media

Year 11 - Lifestyle choices and health

Freshers' Fayre

In September we ran our annual Freshers' Fayre. This gives students the opportunity to see what extra-curricular activities are on offer. This year we have over 40 extra-curricular activities on offer every week!

Retro Games club has been extremely popular with students having the opportunity to play Connect 4 and drafts, as well as taking part in skipping and playing with yo-yos.



Remembrance Day Service

Our school community came together to honour those who have defended our freedom. We welcomed local police officers to the service, which was led by our Student Leadership Team. The team were at the forefront of the service with a reading from our Y11 Student President Mikey and our Y10 Student President Archie was responsible for the flag. Year 9 student Kieran also played the Last Post and we saw a wonderful march from our students who are part of the local Cadets.



Quiz

All students in the Academy have been learning about the British Values. How many can you child name?

Individual Liberty

Rule of Law

Democracy

Tolerance

Mutual Respect

Assembly Highlights

Year 7 received an assembly from OASES about the nature recovery programme operating in County Durham and how this specifically targets East Durham. They also learnt about road safety from Durham County Council.

Farmers for Schools delivered an assembly to Year 9 students about the sustainability of farming and what modern farming looks like.

The Oddballs Foundation delivered an assembly to our Year 11 students. The charity raises awareness around Testicular Cancer and the signs to look out for.





Young Responders – Street First Aid

All of our Year 8 students took part in a Street First Aid course, organised by St John’s Ambulance. The students learnt how to treat someone who has had their drink spiked, how and when to use the recovery position and how to administer CPR. The students also learnt how to make a tourniquet out of every day items. The students rounded off the session by discussing the impact these events could have on their own mental health and that of others. The students showed great maturity throughout the sessions and learnt some valuable skills.

Duke of Edinburgh

We celebrated with students and parents at our Bronze and Silver Duke of Edinburgh Award ceremony. The students have worked so hard and it was lovely to celebrate all of their efforts. This year we had 34 students receive their Bronze certificate and 17 receive their Silver. Students have the opportunity to sign up to the Award in Year 9.



Find out more...

A reminder that you can find out more about our PSHE and RSE curriculum on the school website or by clicking the link below:

<https://www.easingtonacademy.co.uk/curriculum/pshe-and-relationship-and-sex-education-rse>

Macmillan Cancer Support

This year we raised money for Macmillan Cancer Support. A huge thank you to everyone who contributed to the day, we managed to raise a staggering £1268. As part of the day students had the opportunity to play bingo, take part in an open mic and enjoy some cakes.



House Point Badges

Over 140 students received their Bronze badge for earning 250 house points. 29 students earned their Silver badge for over 500 house points and were rewarded with hot chocolate and cookies with Mrs Falconer. A special mention to Joseph (Y11) who received his Gold badge for over 1000 house points.



12 Days of Christmas

The 12 Days of Christmas is always a busy but exciting time of year and this year was no different. A favourite with the students was our annual Christmas Karaoke; it was brilliant to see so many of our students getting involved in this. The ‘decorate a Christmas door’ competition was fiercely competitive yet again; a big well done to 11LTA and 10RDA who were voted the winners (you can see their Christmas door below). Our winning house for this half term was Team Synergy and they will enjoy hot chocolate with all the trimmings during Friday break time. Each morning during form time students listened to a member of staff reading the lyrics to a popular Christmas song, the students who guessed the staff member and song correctly each day were awarded with prizes. A group of students also took part in a Festive Bake-Off, which they had been preparing for all term, a huge well done to Izy (Y9) who was crowned the winner.

