

Easington Academy: Whole School commitment to Young Carers and their families

At Easington Academy we are committed to developing provision for young carers and their families, so that they can attend school, enjoy their learning and fully participate in all areas of school life. We are committed to overcoming barriers to learning and help raise attendance and attainment of young carers.

A young carer is any young person who helps look after someone in their family – this may be due to illness, disability, mental health problems or an addiction. Statistics show that there are likely to be young carers in every school; one in ten young carers are under ten years old.

At Easington Academy we will capture the commitment by widening our provision, building on the needs of the young people and better meet young carers' needs by reviewing the school's provision for young carers, with a view to ultimately achieving best practice.

How we will achieve this:

- The whole school is committed to meeting the needs of young carers so that they can attend and enjoy school in the same way as other students and achieve their potential.
- The school has a designated member of staff (Mrs. Collins) who is responsible alongside the DSL (Mrs McManus) who are responsible for young carers and their families. Students and families will be made aware of the identity of this lead and how to contact them to access support.
- The school has an effective referral system and strong partnership in place with relevant external agencies, including the school nurse and the local young carers' service.
- The school takes a proactive approach to identifying young carers.
- The school reduces barriers to education and learning and supports the wellbeing of young carers.
- The school understands the needs of families of young carers.
- We will strive to achieve best practice for students and families in our school in order to provide them with the best chance of success in their future.

At Easington Academy our Young Carers designated member of staff is Mrs Collins and Mrs McManus DSL (Designated Safeguarding Lead) If you think your child may be a young carer, please contact them via the school office to discuss any help or support we can offer our young carers and their families. 0191527975

Further information about Young Carers can be found at the following links:

The Bridge Young Carers & Young Adult Carers Service

[The Bridge Young Carers & Young Adult Carers Service - Family Action](#)

Young Minds:

<https://www.youngminds.org.uk/young-person/coping-with-life/young-carers/>

Carers Trust UK:

<https://carers.org/getting-support-if-you-are-a-young-carer-or-young-adult-carer/getting-support-if-you-are-a-young-carer-or-young-adult-carer>

NHS:

<https://www.nhs.uk/conditions/social-care-and-support-guide/support-and-benefits-for-carers/help-for-young-carers/>